

## Apps



### Brush teeth with the Wiggles

by Australian Unity

Australian Unity and The Wiggles have developed a free tooth brushing app to assist parents and their kids with the daily task of tooth brushing.

[www.australianunity.com.au/dental/dental-tips-for-parents](http://www.australianunity.com.au/dental/dental-tips-for-parents)

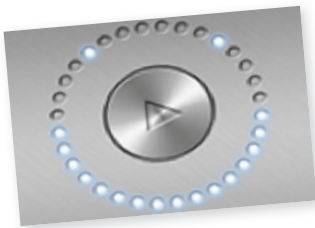


### My Bright Smiles

by Colgate

An app to help children build good oral health habits for life.

[www.colgate.com/en/us/kids/kids-corner](http://www.colgate.com/en/us/kids/kids-corner)



### Brush DJ

by Benjamin Underwood

This app is designed to encourage youngsters to adopt and maintain an effective oral health care routine. It plays music (taken from a playlist or randomly from the user's own device or cloud) for two minutes – the optimum time for brushing teeth.

[www.brushdj.com/](http://www.brushdj.com/)



### Nurdle Time

by MacLeans

This app encourages children to brush along to a catchy brushing song for two minutes.

[www.macleans.com.au/kids-products/macleans-app.desktop.html](http://www.macleans.com.au/kids-products/macleans-app.desktop.html)



## Toothsaunders Brushing Game

by Partnership for Healthy Mouths, Healthy Lives

Save the fairy tale kingdom with your toothbrush!

An evil sorceress has cast a wicked spell, leaving everyone's mouths to rot and be overrun by cavities. Now it's up to you to help Toothy and the Toothsaunders save everyone's teeth!

[2min2x.org/toothsaunders/index.html](http://2min2x.org/toothsaunders/index.html)

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## Talking Ginger

by Outfit7 Limited

Little Talking Ginger needs your help! Help him get ready for bed and have fun along the way!

Ginger provides the best company - talk to him, tickle him and play games with him. You can even see what he's dreaming about at night!

Don't brush your teeth alone, brush them with Ginger.

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## Brusheez

by Shondicon

Make brushing time fun! Pick your pal then make them jump, flip, giggle, wiggle, gasp and go dizzy! Change the colors of the hair, pajamas and toothbrush. Turn each tooth on or off to match your own. Set the timer and get ready to brush and dance!

<https://brusheez.net/>



## Videos



### How to Have a Bright Smile

by Colgate

Watch the “How to Have a Bright Smile” video and show your child how they can have a bright smile by learning this proper brushing technique. From proper toothbrush care, how cavities are formed, which toothpaste to use and how to get your whole mouth clean, Dr. Rabbit teaches your child how to develop good oral hygiene.

[www.colgate.com/en/us/oc/bright-smiles-bright-futures/program-materials/for-parents/video/how-to-have-a-bright-smile](http://www.colgate.com/en/us/oc/bright-smiles-bright-futures/program-materials/for-parents/video/how-to-have-a-bright-smile)



### Healthy Teeth, Healthy Me: Brushy Brush

by Sesame Street

Elmo is joined by families and some of his celebrity friends including Bruno Mars, David Hyde Pierce, Nicole Kidman, Amy Ryan, Wendy Williams, Jay Sean, Naomi Watts and Liev Schreiber as he sings a song about the importance of brushing your teeth as part of Sesame Street’s oral health initiative Healthy Teeth, Healthy Me.

<https://youtu.be/wxMrtK-kYnE>

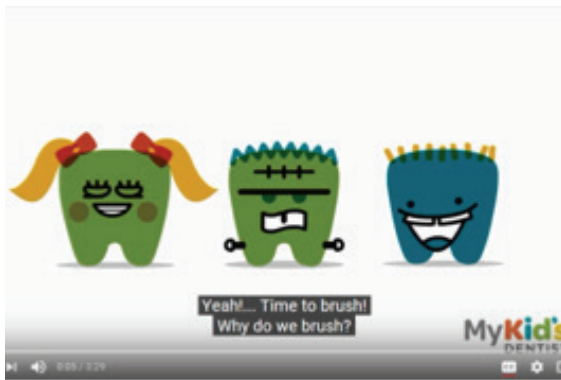


## Brush Those Teeth

by Sesame Street

Help your child learn to take good care of her teeth. Brush them all over in small circles twice each day!

<http://www.sesamestreet.org/games?id=132>



## How to Brush Your Teeth Properly – For Kids

by My Kid's Dentist

<https://youtu.be/hDZXSMU2IAk>

\*although this video includes flossing Australian guidelines do not promote flossing. If you want to know more about flossing speak to your oral health professional.



## The Dentist - Peppa Pig

by Peppa Pig - Official Channel

search YouTube

Peppa, George and Mr Dinosaur are going to the dentist. It's George's first visit and he's a teeny bit nervous.

Search for videos of other popular children's characters brushing their teeth (as part of their bedtime routine) and visiting the dentist.

